

UKA Men's Championship Team Result (subject to ratification)
1 Aldershot Farnham & District AC 1:30:19

Pos	RNo.	Name	NAT	Finish
4	23	Rowe, Jack	GB	0:29:46
5	123	Cross, Ellis	GB	0:29:53
15	48	Dixon, Harvey	GB	0:30:40

2 Highgate Harriers 1:32:21

Pos	RNo.	Name	NAT	Finish
3	10	Maud, Andy	GB	0:29:45
32	81	Bahelbi, Robel	GB	0:31:12
40	51	Rainsford, Christopher	GB	0:31:24

3 Central AC 1:32:47

Pos	RNo.	Name	NAT	Finish
17	33	Hay, Alastair	GB	0:30:46
22	4093	Crowe, Jamie	GB	0:30:53
29	37	Milne, Cameron	GB	0:31:08

4 Kent AC 1:33:01

Pos	RNo.	Name	NAT	Finish
16	57	Gilbert, John	GB	0:30:45
27	78	Connor, James	GB	0:31:00
35	4111	Weaver, Jordan	GB	0:31:16

5 Aldershot Farnham & District AC 2 1:33:16

Pos	RNo.	Name	NAT	Finish
21	60	Blomquist, Dane	GB	0:30:53
26	15	Grace, Joshua	GB	0:31:00
39	76	Morwood, Joseph	GB	0:31:23

6 Bedford & County AC 1:34:12

Pos	RNo.	Name	NAT	Finish
25	27	Deed, Darren	GB	0:30:55
37	25	Goodwin, Jack	GB	0:31:19
54	106	Hoad, James	GB	0:31:58

7 Serpentine RC 1:34:15

Pos	RNo.	Name	NAT	Finish
18	74	Poole, Jonathan	GB	0:30:47
44	97	Franklin, John	GB	0:31:35
48	40	Greenleaf, Andy	GB	0:31:53

8 Shaftesbury, Barnet Harriers 1:34:23

Pos	RNo.	Name	NAT	Finish
14	19	Kyereme, Kojo	GB	0:30:37
19	122	Goodman, Richard	GB	0:30:48
89	64	Williams, Richard	GB	0:32:58

9 Hercules Wimbledon AC 1:34:50

Pos	RNo.	Name	NAT	Finish
30	56	Cornish, Jonathan	GB	0:31:08
47	4112	Robinson, Alex	GB	0:31:48
49	4107	Toomer, Ben	GB	0:31:54

10 Notts AC 1:35:37

Pos	RNo.	Name	NAT	Finish
10	36	Watson, Alastair	GB	0:30:12
24	114	Spencer, Stuart	GB	0:30:55
175	107	Bailey, Tom	GB	0:34:30

11 Kent AC 2 1:35:39

Pos	RNo.	Name	NAT	Finish
36	695	Greenwood, Christopher	GB	0:31:17
56	91	Phillips, Neil	GB	0:32:02
63	4119	Hartley, Joe	GB	0:32:20

12 Belgrave Harriers 1:35:48

Pos	RNo.	Name	NAT	Finish
31	12	Owor, Paskar	GB	0:31:09
53	4099	Jaksevicius, Andrius	GB	0:31:58
76	4101	Auden, Edward	GB	0:32:41

13 Brighton & Hove AC 1:35:57

Pos	RNo.	Name	NAT	Finish
42	68	Bristow, Howard	GB	0:31:35
46	104	Moore, Kevin	GB	0:31:48
70	121	Turner, James	GB	0:32:34

14 South London Harriers 1:37:11

Pos	RNo.	Name	NAT	Finish
28	101	Quinn, Kevin	GB	0:31:05
82	4177	Laybourne, Gary	GB	0:32:51
102	4140	Hamilton, Andy	GB	0:33:15

15 Birchfield Harriers 1:37:23

Pos	RNo.	Name	NAT	Finish
33	72	Grant, Rory	GB	0:31:14
72	73	Ridley, Andrew	GB	0:32:36
123	1119	Corea, Orlando	GB	0:33:33

16 Luton 1:37:24

Pos	RNo.	Name	NAT	Finish
13	17	Kimpton, Ian	GB	0:30:32
57	103	Burling, Ryan	GB	0:32:06
189	4118	Mead, Tom	GB	0:34:46

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16 Newham & Essex Beagles AC 1:37:24

Pos	RNo.	Name	NAT	Finish
6	14	Beatie, John	GB	0:29:57
62	112	Waldron, Jake	GB	0:32:19
204	58	Jankunas, Kestutis	GB	0:35:08

18 Aldershot Farnham & District AC 3 1:38:32

Pos	RNo.	Name	NAT	Finish
59	4110	Sewell, Philip	GB	0:32:14
79	65	Pointon, Alex	GB	0:32:47
121	47	Arnold, Matthew	GB	0:33:31

19 Guildford & Godalming AC 1:38:43

Pos	RNo.	Name	NAT	Finish
55	113	Griffiths, Thomas	GB	0:32:00
109	1151	High, Colin	GB	0:33:20
112	1133	Goldsworthy, Simon	GB	0:33:23

20 Hillingdon AC 1:39:04

Pos	RNo.	Name	NAT	Finish
51	87	Thompson, Robert	GB	0:31:57
77	4128	Laing, James	GB	0:32:41
165	4208	Moore, Andy	GB	0:34:26

21 Run Fast 1:39:06

Pos	RNo.	Name	NAT	Finish
9	32	Huck, Peter	GB	0:30:10
103	4150	Covolo, Davide	GB	0:33:16
235	4184	Chapman, Robbie	GB	0:35:40

22 Thames Valley Harriers 1:39:10

Pos	RNo.	Name	NAT	Finish
7	13	Silva, Antonio	GB	0:30:00
98	1225	Crone, Michael	GB	0:33:15
253	1181	Mitchell, Andrew	GB	0:35:55

23 Leighton Buzzard AC 1:39:11

Pos	RNo.	Name	NAT	Finish
66	92	Hind, Elliot	GB	0:32:21
78	4142	Clay, Jordan	GB	0:32:42
152	1227	Mead, Billy	GB	0:34:08

24 Reading Road Runners 1:39:12

Pos	RNo.	Name	NAT	Finish
60	4170	Corney, Rob	GB	0:32:17
100	4171	Richards, Matthew	GB	0:33:15
126	4225	Nortcliff, Lance	GB	0:33:40

25 Medway and Maidstone AC 1:39:14

Pos	RNo.	Name	NAT	Finish
69	4135	Menges, Tewelde	GB	0:32:28
105	4147	Habtom, Simon	GB	0:33:17
117	4181	Wilkins, Mark	GB	0:33:29

26 Serpentine RC 2 1:39:17

Pos	RNo.	Name	NAT	Finish
73	110	Phillips, Richard	GB	0:32:37
96	1180	Mccrickerd, Ryan	GB	0:33:10
118	4114	Ahmed, Hussein	GB	0:33:30

27 Thames H&H 1:39:25

Pos	RNo.	Name	NAT	Finish
85	1167	Allchin, Jim	GB	0:32:55
95	1162	Reynolds, Ben	GB	0:33:09
111	4235	Baines, Simon	GB	0:33:21

28 Southampton Athletic Club 1:39:58

Pos	RNo.	Name	NAT	Finish
20	49	Wall-Clarke, Alex	GB	0:30:53
99	100	Waldron, Richard	GB	0:33:15
249	1247	Hannan, Jon	GB	0:35:50

29 Kent AC 3 1:40:14

Pos	RNo.	Name	NAT	Finish
71	94	Bowler, James	GB	0:32:35
133	4151	Beaney, Stuart	GB	0:33:48
138	1248	Compton, Che	GB	0:33:51

30 Highgate Harriers 2 1:40:55

Pos	RNo.	Name	NAT	Finish
80	1156	Liote, Laurent	GB	0:32:47
110	1204	De Doncker, William	GB	0:33:21
191	4143	Johnson, James	GB	0:34:47

31 Nene Valley Harriers 1:41:28

Pos	RNo.	Name	NAT	Finish
75	1112	Wright, Chris	GB	0:32:40
156	1153	Channing, Michael	GB	0:34:19
171	1212	Brownlee, Robert	GB	0:34:29

32 Havering Mayesbrook AC 1:41:31

Pos	RNo.	Name	NAT	Finish
61	1114	Warner, Robert	GB	0:32:17
120	4204	Davis, Ben	GB	0:33:30
241	4215	Grange, Paul	GB	0:35:44

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33 Herne Hill Harriers 1:41:56				
Pos	RNo.	Name	NAT	Finish
140	4123	Coombes, Simon	GB	0:33:52
145	4139	Fitzpatrick, Sean	GB	0:33:58
149	4162	Hobley, Alex	GB	0:34:06

34 Basingstoke & Mid Hants AC 1:42:06				
Pos	RNo.	Name	NAT	Finish
68	4175	Wood, Rob	GB	0:32:25
101	4221	Hamilton, Alex	GB	0:33:15
280	4222	Goddard, Andy	GB	0:36:26

34 Hercules Wimbledon AC 2 1:42:06				
Pos	RNo.	Name	NAT	Finish
94	4157	Russell, William	GB	0:33:08
169	4167	Clark, Joe	GB	0:34:27
177	4178	Toomey, Joe	GB	0:34:31

36 South London Harriers 2 1:42:15				
Pos	RNo.	Name	NAT	Finish
107	117	Evans, Ryan	GB	0:33:19
161	1213	Ramsier, Alix	GB	0:34:22
180	4197	Wymer, Dylan	GB	0:34:34

37 Ranelagh Harriers 1:42:35				
Pos	RNo.	Name	NAT	Finish
131	4198	Assmundson, Carl	GB	0:33:43
147	4174	Selya-Hammer, Carl	GB	0:34:02
195	4189	Impey, Nick	GB	0:34:50

38 Serpentine RC 3 1:42:48				
Pos	RNo.	Name	NAT	Finish
148	1154	Tolputt, Benjamin	GB	0:34:03
158	5223	Barbour, Julian	GB	0:34:21
164	4183	Craddock, Simon	GB	0:34:24

39 Barnet & District AC 1:42:49				
Pos	RNo.	Name	NAT	Finish
67	4109	Lepretre, Alex	GB	0:32:24
196	4125	Davies, Daniel	GB	0:34:51
228	4259	Patel, Raj	GB	0:35:34

40 Thames H&H 2 1:42:58				
Pos	RNo.	Name	NAT	Finish
122	4134	Jones, Matthew	GB	0:33:32
139	4173	Shore, Martin	GB	0:33:52
226	4199	Lees, Euan	GB	0:35:34

41 Shaftesbury, Barnet Harriers 2 1:43:27				
Pos	RNo.	Name	NAT	Finish
130	4159	Mackenzie, Euan	GB	0:33:43
167	126	Grant, Matthew	GB	0:34:26
212	4214	Cross, Louis	GB	0:35:18

42 North Herts RRC 1:43:34				
Pos	RNo.	Name	NAT	Finish
90	1131	Leach, Andrew	GB	0:32:59
207	1219	Bowler, Adam	GB	0:35:12
216	1271	Rayner, John	GB	0:35:23

43 Victoria Park Harriers and Tower Ha 1:43:46				
Pos	RNo.	Name	NAT	Finish
132	4132	Heslop, Tom	GB	0:33:44
184	4265	Cameron, Ewan	GB	0:34:40
215	1229	Smith, Joshua	GB	0:35:22

44 Brighton & Hove AC 2 1:44:01				
Pos	RNo.	Name	NAT	Finish
146	1139	Godden, Graham	GB	0:34:01
182	1217	Begley, Alex	GB	0:34:36
218	4203	Tribe, Adam	GB	0:35:24

45 Cambridge Harriers 1:44:09				
Pos	RNo.	Name	NAT	Finish
124	1161	Dickens, Phil	GB	0:33:34
202	4180	Hodges, Stephen	GB	0:35:07
220	1149	Inglis, Andrew	GB	0:35:28

46 Cambridge & Coleridge AC 1:44:14				
Pos	RNo.	Name	NAT	Finish
108	4124	Darling, Chris	GB	0:33:20
183	4166	Moffett, Edward	GB	0:34:38
271	4257	Shields, Andrew	GB	0:36:16

47 Winchester & District AC 1:44:18				
Pos	RNo.	Name	NAT	Finish
159	4116	King, George	GB	0:34:21
166	4148	Green, Marcus	GB	0:34:26
224	4234	Peter, Sansome	GB	0:35:31

48 Aldershot Farnham & District AC 4 1:44:28				
Pos	RNo.	Name	NAT	Finish
136	1140	Symes, Mark	GB	0:33:48
194	4163	Rickards, Daniel	GB	0:34:48
251	1171	Quinlan, James	GB	0:35:52

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49 Ilford AC					1:44:46
Pos	RNo.	Name	NAT	Finish	
97	1126	Koikai, Amin	GB	0:33:14	
150	1158	Muir, Malcolm	GB	0:34:06	
350	1286	Philcox, Stephen	GB	0:37:26	

50 Leamington C & AC					1:44:48
Pos	RNo.	Name	NAT	Finish	
125	4121	Hanlon, Callum	GB	0:33:36	
227	4172	Gould, Philip	GB	0:35:34	
234	4262	Loveday, George	GB	0:35:38	

51 Reading Road Runners 2					1:45:21
Pos	RNo.	Name	NAT	Finish	
178	4228	Whalley, Ben	GB	0:34:32	
206	5212	McCoy, David	GB	0:35:12	
231	4212	Lucas, Chris	GB	0:35:37	

52 Garden City Runners					1:45:36
Pos	RNo.	Name	NAT	Finish	
127	1178	Hume, Neil	GB	0:33:40	
252	1276	Jones, Christopher	GB	0:35:52	
257	1279	Guy, Paul	GB	0:36:04	

53 Phoenix AC					1:46:18
Pos	RNo.	Name	NAT	Finish	
113	4117	Acaye, Patrick	GB	0:33:23	
143	4195	Parker-Harding, Sean	GB	0:33:57	
469	4378	Rae, James	GB	0:38:58	

54 Serpentine RC 4					1:46:19
Pos	RNo.	Name	NAT	Finish	
201	1253	Ashworth-Beaumont, Jim	GB	0:35:06	
225	4168	Barrett, Simon	GB	0:35:33	
236	4263	Evans, David P	GB	0:35:40	

55 Ipswich Jaffa RC					1:46:20
Pos	RNo.	Name	NAT	Finish	
154	1157	Wain, Paul	GB	0:34:11	
254	4318	Law, Will	GB	0:35:57	
266	4223	Wade, Adam	GB	0:36:12	

56 Windsor Slough Eton & Hounslow /					1:46:21
Pos	RNo.	Name	NAT	Finish	
81	102	Millett, Simon	GB	0:32:49	
305	4256	Bradly, Matthew	GB	0:36:39	
320	4338	Findlay, Ben	GB	0:36:53	

57 Colchester Harriers AC					1:46:25
Pos	RNo.	Name	NAT	Finish	
173	4141	Osman, Ramadam	GB	0:34:29	
217	4253	Ridley, Colin	GB	0:35:23	
297	4270	Millward, Danny	GB	0:36:33	

58 Tonbridge AC					1:46:31
Pos	RNo.	Name	NAT	Finish	
104	4160	Cole, Greg	GB	0:33:17	
292	1358	Gunn, Ingmar	GB	0:36:30	
313	4332	Dennis, Matthew	GB	0:36:44	

59 Harrow AC					1:46:52
Pos	RNo.	Name	NAT	Finish	
58	125	Nevins, Damian	GB	0:32:10	
298	4255	Norris, Peter	GB	0:36:33	
415	4385	Clement, Aaron	GB	0:38:09	

60 Wolverhampton & Bilston AC					1:46:55
Pos	RNo.	Name	NAT	Finish	
74	93	Lloyd-Perks, Sam	GB	0:32:38	
190	1206	Smith, David	GB	0:34:46	
524	1259	Lewis, James	GB	0:39:31	

61 Bournville Harriers					1:46:57
Pos	RNo.	Name	NAT	Finish	
161	4231	Brocklehurst, Henry	GB	0:34:22	
255	4267	Keep, Richard	GB	0:36:02	
299	4292	Pollard, Matthew	GB	0:36:33	

62 Reading AC					1:47:15
Pos	RNo.	Name	NAT	Finish	
205	4207	O'Brien, Ryan	GB	0:35:10	
232	4202	Faulkner, Ryan	GB	0:35:38	
282	4272	Lewin, David	GB	0:36:27	

63 Croydon Harriers					1:47:23
Pos	RNo.	Name	NAT	Finish	
115	4185	English, Jake	GB	0:33:28	
172	1146	Penfold, Alex	GB	0:34:29	
513	4298	Barden, Glenn	GB	0:39:26	

64 Dulwich Runners AC					1:47:24
Pos	RNo.	Name	NAT	Finish	
200	4220	Lashley, Wayne	GB	0:35:04	
244	4226	Tuohy, Tony	GB	0:35:46	
300	4260	Mann, Daniel	GB	0:36:34	

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65 Highgate Harriers 3					1:47:54
Pos	RNo.	Name	NAT	Finish	
192	1183	Matthewman, Jack	GB	0:34:47	
296	4238	Collins, Andrew	GB	0:36:32	
303	4158	Gold, Nick	GB	0:36:35	

66 Arena 80 AC					1:48:07
Pos	RNo.	Name	NAT	Finish	
155	4200	Silvester, Alan	GB	0:34:16	
290	4287	Wallace, Del	GB	0:36:30	
347	4346	Gifford, David	GB	0:37:21	

67 Lancaster & Morecambe					1:48:24
Pos	RNo.	Name	NAT	Finish	
137	1175	Brown, David	GB	0:33:50	
334	1316	Scott, Isaac	GB	0:37:06	
351	1193	Gardner, Mark	GB	0:37:28	

68 East London Runners					1:48:32
Pos	RNo.	Name	NAT	Finish	
170	1196	Quinton, Paul	GB	0:34:28	
213	4224	Rayner, Billy	GB	0:35:18	
450	4305	Kelly, Stuart	GB	0:38:46	

69 St Albans Striders					1:48:46
Pos	RNo.	Name	NAT	Finish	
50	69	Crouch, Tom	GB	0:31:55	
116	1121	Vivian, Blake	GB	0:33:29	
958	1745	Sessions, Russell	GB	0:43:22	

70 Blackheath and Bromley Harriers A					1:48:56
Pos	RNo.	Name	NAT	Finish	
84	1107	Braden, Ross	GB	0:32:54	
321	5229	Arcuri, Marco	GB	0:36:54	
484	5228	Ayres, Tim	GB	0:39:08	

71 Herne Hill Harriers 2					1:49:07
Pos	RNo.	Name	NAT	Finish	
203	4384	Robertson, Matthew	GB	0:35:07	
326	1221	Messenger, Simon	GB	0:36:58	
331	1257	Zammit, David	GB	0:37:02	

72 Les Croupiers					1:49:55
Pos	RNo.	Name	NAT	Finish	
174	4201	Hurford, Matt	GB	0:34:30	
346	4269	Morgan, Emyr	GB	0:37:21	
405	4334	Stuokus, Gabriellus	GB	0:38:04	

73 Basingstoke & Mid Hants AC 2					1:50:32
Pos	RNo.	Name	NAT	Finish	
294	4271	Bigg, Alex	GB	0:36:31	
315	4211	Cox, Ashley	GB	0:36:46	
340	4266	Shaylor, Matt	GB	0:37:15	

74 Guildford & Godalming AC 2					1:50:40
Pos	RNo.	Name	NAT	Finish	
245	1182	Evans, Ben	GB	0:35:46	
312	1283	Adams, James	GB	0:36:43	
419	4354	Brown, Mark	GB	0:38:11	

75 Leighton Buzzard AC 2					1:50:43
Pos	RNo.	Name	NAT	Finish	
208	4232	Norman, Chris	GB	0:35:14	
358	4281	Corfield, Benjamin	GB	0:37:37	
386	4347	Bell, James	GB	0:37:52	

76 Serpentine RC 5					1:50:59
Pos	RNo.	Name	NAT	Finish	
237	4213	Reeves, Andrew	GB	0:35:40	
359	1294	Lake, Alexand R	GB	0:37:38	
367	1292	Agnew, Jeremy	GB	0:37:41	

77 London Heathside Runners AC					1:51:32
Pos	RNo.	Name	NAT	Finish	
287	1330	Johns, Daniel	GB	0:36:29	
304	4306	Garrod, Joe	GB	0:36:37	
431	4304	Cockerill, Matthew	GB	0:38:26	

78 Ranelagh Harriers 2					1:51:35
Pos	RNo.	Name	NAT	Finish	
230	1152	Winch, James	GB	0:35:37	
345	4187	Mcdaid, Eirin	GB	0:37:21	
440	4136	Gregory, Richard	GB	0:38:37	

79 Woking AC					1:52:36
Pos	RNo.	Name	NAT	Finish	
281	4291	Gamble, James	GB	0:36:26	
319	4250	Harris, Jason	GB	0:36:50	
499	4388	Tait, Stephen	GB	0:39:20	

80 Royal Sutton Coldfield					1:52:38
Pos	RNo.	Name	NAT	Finish	
333	4314	Rickards, Mark	GB	0:37:05	
348	4319	Andrew, Rob	GB	0:37:25	
413	4284	Terleski, Paul	GB	0:38:08	

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81 Marshall Milton Keynes AC 1:52:53

Pos	RNo.	Name	NAT	Finish
88	4120	Tuttle, Steven	GB	0:32:57
91	4154	Jones, Graham	GB	0:33:04
1595	1214	Blaber, Gary	GB	0:46:52

82 The Stragglers Running Club 1:53:01

Pos	RNo.	Name	NAT	Finish
243	4288	Wilcox, Robert	GB	0:35:45
425	4405	Reeder, Roy	GB	0:38:20
465	4501	Davies, Malcolm	GB	0:38:56

83 South London Harriers 3 1:53:25

Pos	RNo.	Name	NAT	Finish
181	4176	Lennard, Kristian	GB	0:34:35
410	1199	Finbow, Mark	GB	0:38:06
632	1592	Cawood, Mark	GB	0:40:44

84 Heanor RC 1:53:32

Pos	RNo.	Name	NAT	Finish
43	89	Rainsford, Joe	GB	0:31:35
617	4409	Winfield, Paul	GB	0:40:31
707	1682	Mellors, Ian	GB	0:41:26

85 Colchester Harriers AC 2 1:53:36

Pos	RNo.	Name	NAT	Finish
306	4264	Rodgers, Paul	GB	0:36:39
332	4279	Spowage, Paul	GB	0:37:04
559	4402	Mitchell, Craig	GB	0:39:53

85 Aldershot Farnham & District AC 5 1:53:36

Pos	RNo.	Name	NAT	Finish
378	1333	Quinlan, Ashley	GB	0:37:47
392	4331	Bradley, Darren	GB	0:37:54
393	4205	Wakefield, Rob	GB	0:37:55

87 Hercules Wimbledon AC 3 1:53:45

Pos	RNo.	Name	NAT	Finish
344	1267	Price, Russell	GB	0:37:19
377	38	Clarke, Peter	GB	0:37:47
444	4361	Cotter, Guy	GB	0:38:39

88 Invicta East Kent AC 1:53:57

Pos	RNo.	Name	NAT	Finish
2	29	Abel, Tsegay	GB	0:29:26
688	1323	Griffiths, Joseph	GB	0:41:13
945	1136	O'Mahoney, Dominic	GB	0:43:18

89 Garden City Runners 2 1:53:58

Pos	RNo.	Name	NAT	Finish
382	1582	Down, Malcolm	GB	0:37:48
404	1394	Casey, Russell	GB	0:38:04
409	1416	Casserley, Robert	GB	0:38:06

90 Serpentine RC 6 1:54:27

Pos	RNo.	Name	NAT	Finish
390	1326	Carmack, Martin	GB	0:37:53
414	1349	Metcalfe, Alastair	GB	0:38:09
430	1123	Johnston, Scott Paul	GB	0:38:25

91 Southampton Athletic Club 2 1:55:05

Pos	RNo.	Name	NAT	Finish
379	4210	Smith, James	GB	0:37:47
380	4343	Costley, Peter	GB	0:37:48
522	4356	Warder, Greg	GB	0:39:30

92 Bedford & County AC 2 1:55:11

Pos	RNo.	Name	NAT	Finish
188	4169	Palmer, Charlie	GB	0:34:45
283	4219	Harris, Rob	GB	0:36:28
1037	1802	Payne, Rob	GB	0:43:58

93 Run Fast 2 1:55:24

Pos	RNo.	Name	NAT	Finish
279	1266	Gilfedder, John	GB	0:36:25
498	1589	Lancien, Yann	GB	0:39:19
537	1359	Carotenuto, Luigi	GB	0:39:40

94 Fulham Running Club 1:55:46

Pos	RNo.	Name	NAT	Finish
214	1172	Macdougal, Stuart	GB	0:35:21
264	4153	Lawrence, Duncan	GB	0:36:10
1087	2285	Empson, Bob	GB	0:44:15

95 Kenilworth 1:55:47

Pos	RNo.	Name	NAT	Finish
411	1396	Briggs, Wayne	GB	0:38:06
427	1583	Corley, Simon	GB	0:38:22
497	1418	Dorrill, Martin	GB	0:39:19

96 Lewes AC 1:55:52

Pos	RNo.	Name	NAT	Finish
289	1273	Woodgate, Lee	GB	0:36:29
516	4337	Bennett, Colin	GB	0:39:28
565	4468	Cooper, Robert	GB	0:39:55

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96 Thames Valley Harriers 2					105 Arena 80 AC 2				
1:55:52					1:56:53				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
260	4299	Keane, Ryan	GB	0:36:06	349	4358	Price, Kevin	GB	0:37:25
493	4344	Hooley, Jake	GB	0:39:16	487	4452	Van Well, Teo	GB	0:39:09
615	4495	Hooley, Richard	GB	0:40:30	600	4380	Gladman, James	GB	0:40:19
98 Highgate Harriers 4					106 Striders Of Croydon				
1:55:53					1:57:05				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
343	1351	Lewis, Anthony	GB	0:37:19	256	4275	Falconer, Alastair	GB	0:36:03
423	1243	Spaccatrosi, Andrea	GB	0:38:19	558	4396	Drysdale, Graeme	GB	0:39:53
593	1307	Mccarty, Jamie	GB	0:40:15	678	4487	Woods, Darren	GB	0:41:09
99 Dulwich Runners AC 2					107 Epsom Oddballs RC				
1:56:01					1:57:10				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
354	4283	Devine, Paul	GB	0:37:30	221	4218	Wiles, Joel	GB	0:35:29
406	4335	South, Thomas	GB	0:38:04	374	1301	Benitez, Ramon	GB	0:37:45
609	1835	Wilson, Duncan	GB	0:40:27	1034	2056	Taylor, Matthew	GB	0:43:56
100 Nene Valley Harriers 2					108 CLC Striders				
1:56:06					1:57:20				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
400	4316	Hartill, Lee	GB	0:38:02	352	4317	Pearce, William	GB	0:37:28
446	1395	Beard, Sean	GB	0:38:42	475	4353	Shardlow, Richard	GB	0:39:02
503	1580	Belham, Jay	GB	0:39:22	641	4718	Brookes, Andrew	GB	0:40:50
101 Barnet & District AC 2					109 Maidstone Harriers				
1:56:24					1:57:34				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
318	1278	Nichols, Daniel	GB	0:36:49	274	4370	Willis, Henry	GB	0:36:18
471	4506	Barber, Nick	GB	0:39:00	612	4515	Hooper, Luke	GB	0:40:29
622	4407	White, Darren	GB	0:40:35	635	1345	Longhurst, Daniel	GB	0:40:47
102 Medway and Maidstone AC 2					110 Good Gym				
1:56:31					1:57:36				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
337	1322	Read, Max	GB	0:37:11	222	4336	Dowling, Richard	GB	0:35:30
434	4307	Jones, Allen	GB	0:38:28	248	1200	Snowden, Joshua	GB	0:35:47
649	4394	Furse, Robert	GB	0:40:52	1489	4604	Noshib, Hassan	GB	0:46:19
103 Herne Hill Harriers 3					111 Ipswich Jaffa RC 2				
1:56:44					1:57:38				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
335	1186	Brotchie, Jack	GB	0:37:07	421	1342	Campbell, Wilfred	GB	0:38:12
412	4454	Newsum, Gavern	GB	0:38:07	464	1352	Birch, Warren	GB	0:38:56
715	1533	Clarke, Nick	GB	0:41:30	614	4418	Lumby, Dave	GB	0:40:30
104 Serpentine RC 7					112 Aldershot Farnham & District AC 6				
1:56:50					1:57:41				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
460	1328	Hardcastle, Matthew	GB	0:38:52	463	1390	Cottrell, Brendan	GB	0:38:55
466	1269	Waterman, Andy	GB	0:38:57	483	1456	Smith, Richard	GB	0:39:08
473	1381	Belza, Jan	GB	0:39:01	535	1314	Quinlan, Daniel	GB	0:39:38

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113 Halifax Harriers					1:57:56
Pos	RNo.	Name	NAT	Finish	
265	4216	Booker, Paul	GB	0:36:11	
512	4381	Ingle, David	GB	0:39:26	
816	4660	Cumber, Geoff	GB	0:42:19	

114 Silson Joggers					1:58:25
Pos	RNo.	Name	NAT	Finish	
269	4309	Watson, Thomas	GB	0:36:16	
461	4383	Darcy, James	GB	0:38:53	
938	4480	Pacey, Nick	GB	0:43:16	

115 Havering Mayesbrook AC 2					1:58:39
Pos	RNo.	Name	NAT	Finish	
247	4282	Anthony, Ian	GB	0:35:47	
581	4280	Bland, Matthew	GB	0:40:08	
860	4562	Atkins, Gary	GB	0:42:44	

116 Guildford & Godalming AC 3					1:58:41
Pos	RNo.	Name	NAT	Finish	
437	1491	Gilmore, Ben	GB	0:38:30	
572	1516	Argile, Michael	GB	0:40:01	
583	1608	Flanagan, Andrew	GB	0:40:10	

116 Hercules Wimbledon AC 4					1:58:41
Pos	RNo.	Name	NAT	Finish	
507	1201	Scrimshaw, David	GB	0:39:23	
509	1521	Bond, Stewart	GB	0:39:24	
562	4483	Cheetham, Thomas	GB	0:39:54	

118 Tonbridge AC 2					1:58:43
Pos	RNo.	Name	NAT	Finish	
420	1474	Reeves, Luke	GB	0:38:12	
500	4345	Pitcairn-Knowles, Mark	GB	0:39:20	
682	4664	Bird, Tobin	GB	0:41:11	

119 Nuneaton Harriers AC					1:59:30
Pos	RNo.	Name	NAT	Finish	
338	1338	Fowler, Eric	GB	0:37:13	
557	1898	Mason, James	GB	0:39:52	
830	5219	Harris, Philip	GB	0:42:25	

120 Knowle & Dorridge AC					1:59:31
Pos	RNo.	Name	NAT	Finish	
199	4164	Read, Joseph	GB	0:35:03	
692	5194	Williams, Paul	GB	0:41:15	
926	4673	Mladenovic, Max	GB	0:43:13	

121 Serpentine RC 8					1:59:45
Pos	RNo.	Name	NAT	Finish	
534	1350	Highland, Theo	GB	0:39:38	
543	4339	Manderson, Nicholas	GB	0:39:44	
604	1432	Roxburgh, Joel	GB	0:40:23	

122 Petts Wood Runners					1:59:50
Pos	RNo.	Name	NAT	Finish	
362	1503	Pond, Stephen	GB	0:37:39	
599	1502	Pond, Matthew	GB	0:40:18	
761	4461	Reeves, Michael	GB	0:41:53	

123 Mornington Chasers					2:00:17
Pos	RNo.	Name	NAT	Finish	
443	4390	Fitzmaurice, Simon	GB	0:38:39	
628	1693	Gilmore, Ollie	GB	0:40:39	
660	4526	Barker, Ben	GB	0:40:59	

124 Winchester & District AC 2					2:00:18
Pos	RNo.	Name	NAT	Finish	
397	1192	Harding, Will	GB	0:37:59	
540	1581	Dickson, Lloyd	GB	0:39:41	
850	1669	Lowy, Stephen	GB	0:42:38	

125 Tyne Bridge Harriers					2:00:43
Pos	RNo.	Name	NAT	Finish	
153	1111	Morley, Sparrow	GB	0:34:10	
373	1319	Johnson, Will	GB	0:37:45	
2002	6564	Foster, Jonny	GB	0:48:48	

126 London Heathside Runners AC 2					2:01:35
Pos	RNo.	Name	NAT	Finish	
560	4324	Hopkin, Jonathan	GB	0:39:53	
598	1335	Connell, James	GB	0:40:18	
705	4639	Hidalgo, Anthony	GB	0:41:24	

127 Tadworth AC					2:02:09
Pos	RNo.	Name	NAT	Finish	
301	4251	Freeman, David	GB	0:36:34	
438	1265	Williamson, David	GB	0:38:31	
1640	4789	Hempenstall, Adam	GB	0:47:04	

128 Victoria Park Harriers and Tower Ha					2:02:25
Pos	RNo.	Name	NAT	Finish	
308	4277	Gall, Finlay	GB	0:36:41	
445	1454	Dahlkamp, Andre	GB	0:38:41	
1635	2344	Shortridge, David	GB	0:47:03	

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128 Ipswich Jaffa RC 3					2:02:25				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
629	4386	Catlin, Marcus	GB	0:40:39	238	1235	Maccougall, Ian	GB	0:35:42
637	1464	Bilner, Conner	GB	0:40:48	408	1495	Mcnicholas, Steven	GB	0:38:05
658	1467	Wright, Alec	GB	0:40:58	2497	2874	Oliva, Arthur	GB	0:50:56
130 Benfleet RC					2:02:47				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
293	1476	Low, Andrew	GB	0:36:31	501	4320	Kumar, Andy	GB	0:39:22
681	1486	Byrne, Ciaran	GB	0:41:11	888	2217	Xavier, Jamie	GB	0:42:52
1244	4775	Bebbington, Michael	GB	0:45:05	895	1465	Fieulaine, Alain	GB	0:42:56
131 Basingstoke & Mid Hants AC 3					2:02:51				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
363	4310	Hall, Graham	GB	0:37:39	494	1512	Lyon, Gary	GB	0:39:16
760	1883	Norris, Mark	GB	0:41:52	687	1324	Lark, Shaun	GB	0:41:13
951	2260	Hope, Damon	GB	0:43:20	1175	4633	Mcdonald, Gary	GB	0:44:46
132 Ealing Eagles Running Club					2:03:01				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
474	1441	Linney, James	GB	0:39:01	552	3844	Simpson, Alexander	GB	0:39:50
711	2308	Parrott, David	GB	0:41:27	669	1496	Simpson, Scott	GB	0:41:03
837	1497	Drake, Jason	GB	0:42:33	1194	1442	Lawley, Chris	GB	0:44:51
133 Leamington C & AC 2					2:03:06				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
364	4289	Chahal, Kieran	GB	0:37:39	144	4188	Anderson, Gareth	GB	0:33:57
366	1346	Hill, Jason	GB	0:37:40	840	2055	Rees, Daniel	GB	0:42:34
1782	5008	Chahal, Rupe	GB	0:47:47	2155	3701	Glover, Eric	GB	0:49:22
134 Garden City Runners 3					2:03:10				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
517	4375	Holt, Andy	GB	0:39:28	536	4230	Hogan, Ryan	GB	0:39:39
610	1526	Willcox, Richard	GB	0:40:28	644	5240	Neely, Bill	GB	0:40:50
932	4395	Somerset, Richard	GB	0:43:14	1314	2279	Hodges, Paul	GB	0:45:25
135 Serpentine RC 9					2:04:33				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
673	1520	Turner, James	GB	0:41:06	518	4406	Norman, David	GB	0:39:28
722	1638	Duff, Sean	GB	0:41:31	718	4458	Homer, Mark	GB	0:41:30
765	4403	Schauerte, Achim	GB	0:41:56	1261	4670	Weaver, Andrew	GB	0:45:11
136 Clapham Chasers					2:04:34				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
532	1445	Bell, Martin	GB	0:39:38	646	2007	Guy, Matt	GB	0:40:50
780	1572	Chalkley, Danny	GB	0:42:04	695	1905	Bennett, Shaun	GB	0:41:17
886	1962	Templer, James	GB	0:42:52	1054	2512	Tabor, Paul	GB	0:44:04
137 Saffron Striders RC					2:04:43				
138 East London Runners 2					2:05:10				
139 Lowestoft Road Runners					2:05:15				
140 Sittingbourne Striders					2:05:44				
141 Kent AC 4					2:05:53				
142 Ranelagh Harriers 3					2:05:54				
143 Dudley Kingswinford					2:06:09				
144 Wolverhampton & Bilston AC 2					2:06:11				

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145 Leighton Buzzard AC 3					2:06:14
Pos	RNo.	Name	NAT	Finish	
422	1297	Mead, Charlie	GB	0:38:14	
677	4685	Furness, Michael	GB	0:41:09	
1591	4684	Blaber, Alfie	GB	0:46:51	

146 London Frontrunners					2:06:51
Pos	RNo.	Name	NAT	Finish	
495	1448	Griffiths, Damian	GB	0:39:17	
928	3324	Clarke, David	GB	0:43:14	
1102	1809	Kennedy, Roger	GB	0:44:20	

147 Serpentine RC 10					2:07:02
Pos	RNo.	Name	NAT	Finish	
775	1782	Campbell, David	GB	0:42:01	
798	1659	Chaine, Clement	GB	0:42:13	
870	1459	Giles, Jamie	GB	0:42:48	

148 Windsor Slough Eton & Hounslow /					2:07:20
Pos	RNo.	Name	NAT	Finish	
386	4182	Pencole, Sebastien	GB	0:37:52	
589	4311	Pencole, Frederic	GB	0:40:12	
2122	2881	Higgins, John	GB	0:49:16	

149 Sandhurst Joggers					2:07:21
Pos	RNo.	Name	NAT	Finish	
439	4286	Fallowfield-Smith, Mark	GB	0:38:34	
918	2017	Laidlaw, Jim	GB	0:43:10	
1349	4717	Wadsworth, Patrick	GB	0:45:37	

150 Wimbledon Windmilers					2:07:39
Pos	RNo.	Name	NAT	Finish	
519	1514	Hamilton, Jamesn	GB	0:39:29	
911	4833	Leyenda, Oscar	GB	0:43:05	
1243	1723	Mcelhinney, Phil	GB	0:45:05	

151 Cambridge & Coleridge AC 2					2:07:41
Pos	RNo.	Name	NAT	Finish	
325	4249	Pritchard, Alan	GB	0:36:58	
605	4276	Sales, Jamie	GB	0:40:26	
2360	3681	Patel, Uday	GB	0:50:17	

152 Cove Joggers					2:08:10
Pos	RNo.	Name	NAT	Finish	
523	1560	Boulter, Daniel	GB	0:39:31	
1063	2280	Boulter, David	GB	0:44:08	
1130	2112	Boulter, Stephen	GB	0:44:31	

153 Harrow AC 2					2:08:31
Pos	RNo.	Name	NAT	Finish	
828	4561	Foley, Keith	GB	0:42:25	
867	4764	Bland, Steve	GB	0:42:47	
950	4456	Watkins, Daniel	GB	0:43:19	

154 Hercules Wimbledon AC 5					2:08:38
Pos	RNo.	Name	NAT	Finish	
663	4217	Johnson, Finn	GB	0:41:00	
880	2297	Forde, Gary	GB	0:42:50	
1183	1411	Morris, Thomas	GB	0:44:48	

155 Kenilworth 2					2:09:07
Pos	RNo.	Name	NAT	Finish	
650	1493	Sheward, Neil	GB	0:40:52	
1060	4686	Pettifer, Darren	GB	0:44:06	
1072	2227	Williams, Tom	GB	0:44:09	

156 Sutton Runners					2:09:21
Pos	RNo.	Name	NAT	Finish	
198	4193	White, Thomas	GB	0:34:55	
1001	2266	Mcfarlane, Paul	GB	0:43:41	
2460	5109	Broadbent, Chris	GB	0:50:45	

157 London City Athletics Club					2:10:00
Pos	RNo.	Name	NAT	Finish	
530	4359	Dang, Andy	GB	0:39:36	
848	5225	Fromyr, Jon	GB	0:42:38	
1779	4862	Corral Lopez, Marcos	GB	0:47:46	

157 South London Harriers 4					2:10:00
Pos	RNo.	Name	NAT	Finish	
697	4137	Bal, Pawel	GB	0:41:20	
1050	2690	Tovey, George	GB	0:44:04	
1149	4470	Chappell, Michael	GB	0:44:36	

159 Serpentine RC 11					2:10:28
Pos	RNo.	Name	NAT	Finish	
875	1250	Scott, John	GB	0:42:49	
990	1820	Pridgeon, Charles	GB	0:43:35	
1053	2098	Dew, Tristan	GB	0:44:04	

160 Harpenden Arrows					2:10:30
Pos	RNo.	Name	NAT	Finish	
759	4581	Hearn, Lyndon	GB	0:41:52	
994	1750	Geary, Paul	GB	0:43:35	
1232	4642	Hessey, Michael	GB	0:45:03	

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161 London Heathside Runners AC 3 2:10:46					169 Woking AC 2 2:13:46				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
894	2406	Bedwell, Tom	GB	0:42:55	896	4668	Doveren, Peter	GB	0:42:56
1008	1707	Hazel, Simon	GB	0:43:45	1100	4563	Braid, Richard	GB	0:44:20
1059	2223	Dodd, Nick	GB	0:44:06	1520	1989	Warner, Kim	GB	0:46:30
162 Ipswich Jaffa RC 4 2:10:54					170 Canterbury Harriers 2:13:47				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
751	2190	Rose, Mark	GB	0:41:48	577	4465	Elderton, Paul	GB	0:40:05
1090	4669	Page, Rob	GB	0:44:16	988	2214	Denson, Mike	GB	0:43:34
1188	4597	Newton, Tim	GB	0:44:50	2323	5849	King, Will	GB	0:50:08
163 Dacorum & Tring AC 2:11:05					171 Barnet & District AC 3 2:14:05				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
923	2606	Stratford, Ben	GB	0:43:12	767	4377	Michael, Costa	GB	0:41:57
996	2163	Kitchener, Chris	GB	0:43:38	1006	4743	Ibrahim, Suleyman	GB	0:43:44
1085	2380	Kerr, Martin	GB	0:44:15	1914	3863	Rowe, James	GB	0:48:24
164 The Stragglers Running Club 2 2:11:15					172 Cambridge Harriers 2 2:14:28				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
645	4499	Brazil, Simon	GB	0:40:50	478	4399	Fiore, Dom	GB	0:39:04
730	4500	Fletcher, Malcolm	GB	0:41:35	934	1778	Chu, Vi	GB	0:43:15
2010	5067	Howarth, Andrew	GB	0:48:50	2768	3582	Cookey - Bresi, Roderick	GB	0:52:09
165 Hillingdon AC 2 2:13:04					173 Reading Road Runners 3 2:14:34				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
365	4308	Leppard, Paul	GB	0:37:40	526	4573	Middlewick, Ashley	GB	0:39:32
710	4422	Wood, Andy	GB	0:41:27	1404	4723	Lennon, David	GB	0:45:52
3218	5624	Carey, Dennis	GB	0:53:57	2097	4574	Smith, Tom	GB	0:49:10
166 Heanor RC 2 2:13:05					174 Silson Joggers 2 2:14:37				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
825	1676	O'Hanlon, Myles	GB	0:42:24	995	4421	Shears, Stewart	GB	0:43:37
1047	2173	Jackson, Matthew	GB	0:44:03	1296	4827	De Boer, Tom	GB	0:45:21
1548	2509	Hancock, Tim	GB	0:46:38	1355	5000	Hinton, Ben	GB	0:45:39
167 Halifax Harriers 2 2:13:11					175 Seaford Striders RC 2:14:53				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
1049	4662	Rocheteau, Marc	GB	0:44:03	479	1458	Roberts, Matthew	GB	0:39:04
1051	4594	Lusk, Kevin	GB	0:44:04	982	1369	Miles, Jacob	GB	0:43:31
1240	4665	Hopkinson, Paul	GB	0:45:04	2807	7077	Honeyman, Richard	GB	0:52:18
168 Clapham Chasers 2 2:13:21					176 Les Croupiers 2 2:14:55				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
1066	1656	Cashman, Brendan	GB	0:44:08	448	4293	Craven, John	GB	0:38:44
1078	2148	Mccourt, Steve	GB	0:44:13	652	50	Cook, Phil	GB	0:40:53
1219	1327	O'Neill, Paul	GB	0:45:00	3539	6092	Hodges, David	GB	0:55:18

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177 Maidstone Harriers 2					2:15:24
Pos	RNo.	Name	NAT	Finish	
773	1596	Read, Simon	GB	0:41:59	
1383	3052	Scanlon, Fintan	GB	0:45:45	
1760	3517	Rawson, Mark	GB	0:47:40	

178 Ealing Eagles Running Club 2					2:15:38
Pos	RNo.	Name	NAT	Finish	
1104	4781	Ward, Timothy	GB	0:44:21	
1173	1842	Minhas, Pardip	GB	0:44:46	
1522	3923	Williams, Allan	GB	0:46:31	

179 Serpentine RC 12					2:16:03
Pos	RNo.	Name	NAT	Finish	
1113	3272	Kerr, Adrian	GB	0:44:24	
1362	1749	Osler, Brett	GB	0:45:40	
1428	1951	Over, Darren	GB	0:45:59	

180 Gade Valley Harriers					2:16:22
Pos	RNo.	Name	NAT	Finish	
1192	5201	Potton, Rob	GB	0:44:51	
1302	2363	Bowler, Robert	GB	0:45:22	
1462	4952	Goodman, David	GB	0:46:09	

181 Nuneaton Harriers AC 2					2:16:58
Pos	RNo.	Name	NAT	Finish	
1107	2192	White, Stephen	GB	0:44:23	
1342	4920	Negus, Paul	GB	0:45:35	
1615	5010	Greenfield, Peter	GB	0:47:00	

182 East London Runners 3					2:17:58
Pos	RNo.	Name	NAT	Finish	
1335	2349	Le Roux, Louis	GB	0:45:33	
1466	4885	Pala, Ramesh	GB	0:46:11	
1474	4776	Marshall, Paul	GB	0:46:14	

183 St Neots Riverside Runners					2:18:13
Pos	RNo.	Name	NAT	Finish	
961	2198	Osborn, Gavin	GB	0:43:24	
1431	2267	Barnes, Gary	GB	0:46:00	
2004	5847	Skeggs, Darren	GB	0:48:49	

184 Reading AC 2					2:18:21
Pos	RNo.	Name	NAT	Finish	
322	4296	Martinez De Murguia, Artu	GB	0:36:57	
856	4679	Baker, Aaron	GB	0:42:43	
4287	7316	Herrington, Paul	GB	0:58:41	

185 Ipswich Jaffa RC 5					2:18:28
Pos	RNo.	Name	NAT	Finish	
1257	4603	Dixon, Stephen	GB	0:45:11	
1472	2270	Bing, Christopher	GB	0:46:14	
1628	3358	Davies, Phil	GB	0:47:03	

186 Striders Of Croydon 2					2:18:29
Pos	RNo.	Name	NAT	Finish	
795	4423	Chinnock, Christopher	GB	0:42:11	
1822	5006	Joseph, Michael	GB	0:48:01	
1886	2221	Smith, Alastair	GB	0:48:17	

187 Ilford AC 2					2:18:37
Pos	RNo.	Name	NAT	Finish	
1065	2177	Briggs, Dennis	GB	0:44:08	
1345	2370	Parker, Stephen	GB	0:45:35	
2030	3508	Alaganandasunadram, Sat	GB	0:48:54	

188 Havering '90 Joggers					2:18:43
Pos	RNo.	Name	NAT	Finish	
1155	2042	Ryan, Daniel	GB	0:44:39	
1165	4737	Fenton, Jeff	GB	0:44:43	
2151	6463	Burrow, Clive	GB	0:49:21	

189 Metros RC					2:19:06
Pos	RNo.	Name	NAT	Finish	
827	1631	Norris, John	GB	0:42:25	
1517	6226	Nolan, Barry	GB	0:46:28	
2341	9116	Dadomo, Simon	GB	0:50:13	

190 Blackheath and Bromley Harriers A					2:19:55
Pos	RNo.	Name	NAT	Finish	
1162	4891	Wetherilt, Barry	GB	0:44:41	
1168	4350	Hollingdale, Graham	GB	0:44:43	
2398	4749	Chung, Ronnie	GB	0:50:31	

191 Benfleet RC 2					2:20:40
Pos	RNo.	Name	NAT	Finish	
1577	3105	Lyons, Daniel	GB	0:46:46	
1609	2798	Key, Barry	GB	0:46:57	
1611	2528	Banthorpe, Ian	GB	0:46:57	

192 Village RR					2:20:51
Pos	RNo.	Name	NAT	Finish	
862	2032	Goodall, Gary	GB	0:42:45	
916	1992	Seal, Brian	GB	0:43:08	
3466	7504	Critchley, Mark	GB	0:54:58	

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193 Thrift Green Trotters 2:21:04				
Pos	RNo.	Name	NAT	Finish
819	2239	Field, James	GB	0:42:22
1315	4730	Macnish Porter, James	GB	0:45:25
3052	4453	Thornton, Keith	GB	0:53:17

194 Dartford Harriers AC 2:21:37				
Pos	RNo.	Name	NAT	Finish
240	11	Pyne, Thomas	GB	0:35:42
250	5202	Manning, Thomas	GB	0:35:52
5690	10774	Cox, Mick	GB	1:10:03

195 Serpentine RC 13 2:22:47				
Pos	RNo.	Name	NAT	Finish
1485	2754	Ramos, Miguel	GB	0:46:18
1802	4575	Nesti, Cristiano	GB	0:47:54
1953	1667	Kell, Mark	GB	0:48:35

196 Wimbledon Windmilers 2 2:22:53				
Pos	RNo.	Name	NAT	Finish
1274	1774	Mistry, Nayan	GB	0:45:13
1832	2224	Goodgame, James	GB	0:48:05
2205	5920	Edwards, Stephen	GB	0:49:35

197 Hercules Wimbledon AC 6 2:23:02				
Pos	RNo.	Name	NAT	Finish
1329	2296	Steed, Richard	GB	0:45:31
1871	2654	Lawrie, Charles	GB	0:48:13
2125	4530	Grose, Ben	GB	0:49:18

198 Sheffield RC 2:23:08				
Pos	RNo.	Name	NAT	Finish
647	1393	Wilkinson, Ben	GB	0:40:51
1972	2951	Oxley, Ian	GB	0:48:40
3135	3505	Delaney, Jim	GB	0:53:37

199 Good Gym 2 2:23:25				
Pos	RNo.	Name	NAT	Finish
1511	2658	Hewitt, Chris	GB	0:46:25
1570	5035	Coman, Steve	GB	0:46:44
2357	2319	Mistry, Pritesh	GB	0:50:16

200 Billericay Striders 2:23:45				
Pos	RNo.	Name	NAT	Finish
555	4368	John, Gregory	GB	0:39:51
1569	2867	Wright, Steve	GB	0:46:44
3967	6553	Connew, Peter	GB	0:57:10

201 Ealing Eagles Running Club 3 2:23:52				
Pos	RNo.	Name	NAT	Finish
1621	3433	Powelson, David	GB	0:47:01
1727	4984	Hobbs, Gary	GB	0:47:29
2154	3430	Bone, David	GB	0:49:22

202 Leigh on Sea Striders 2:24:00				
Pos	RNo.	Name	NAT	Finish
1018	1701	Western, James	GB	0:43:49
1479	3235	Western, John	GB	0:46:16
3212	5733	Robins, Neil	GB	0:53:55

203 Clapham Pioneers 2:24:11				
Pos	RNo.	Name	NAT	Finish
398	1313	Bergot, Kevin	GB	0:38:01
1692	3537	Daly, Ben	GB	0:47:20
4319	4046	Leader, William	GB	0:58:50

204 Witham RC 2:24:40				
Pos	RNo.	Name	NAT	Finish
625	4901	Dare, Owen	GB	0:40:36
1348	1650	Chandler, Paul	GB	0:45:37
4236	4965	Borley, Harry	GB	0:58:27

205 Heanor RC 3 2:24:41				
Pos	RNo.	Name	NAT	Finish
1801	120	Clark, Mike	GB	0:47:54
1812	2584	O'Hanlon, Eamon	GB	0:47:57
2009	3321	Mellors, John	GB	0:48:50

206 Mornington Chasers 2 2:25:00				
Pos	RNo.	Name	NAT	Finish
1241	2632	Renton, Alex	GB	0:45:05
1279	4697	Franks, Joshua	GB	0:45:15
3390	8510	Moxham, Bruce	GB	0:54:40

207 Benfleet RC 3 2:25:27				
Pos	RNo.	Name	NAT	Finish
1631	4734	Wise, Steve	GB	0:47:03
1974	2360	Mcmeekin, Stuart	GB	0:48:40
2239	3485	Allison, Sean	GB	0:49:44

208 London Frontrunners 2 2:26:14				
Pos	RNo.	Name	NAT	Finish
1118	2597	Keherly, Paul	GB	0:44:25
2108	2001	Theron, Willem	GB	0:49:14
2873	6386	Braun, James	GB	0:52:35

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209 CLC Striders 2 2:26:16				
Pos	RNo.	Name	NAT	Finish
1508	4923	Gage, Andrew	GB	0:46:24
2065	4301	Driskell, Christopher	GB	0:49:02
2483	8907	Thomas, Christopher	GB	0:50:50

210 Bexley AC 2:27:13				
Pos	RNo.	Name	NAT	Finish
1858	4877	Witt, Gary	GB	0:48:11
2028	2809	Crane, Brian	GB	0:48:54
2324	4989	Whitnell, Andy	GB	0:50:08

211 Marlow Striders 2:27:58				
Pos	RNo.	Name	NAT	Finish
114	1137	Spielmann, Karl	GB	0:33:27
1838	5027	Grove, Jon	GB	0:48:05
5366	13812	Peksa, Nicolas	GB	1:06:26

212 Bracknell Forest Runners 2:28:03				
Pos	RNo.	Name	NAT	Finish
1036	2250	Davies, Phil	GB	0:43:58
2740	7375	Luscombe, Adrian	GB	0:51:59
2761	6051	Barker, Kevin	GB	0:52:06

213 Datchet Dashers 2:28:40				
Pos	RNo.	Name	NAT	Finish
1789	3126	Williams, Stuart	GB	0:47:48
1971	3790	Patience, David	GB	0:48:40
2775	7462	Dray, Alan	GB	0:52:12

214 Sandhurst Joggers 2 2:28:44				
Pos	RNo.	Name	NAT	Finish
1906	3230	Crandley, Royston	GB	0:48:21
2197	2178	Johnstone, Newton	GB	0:49:33
2482	2176	Kirby, Alan	GB	0:50:50

215 Royal Sutton Coldfield 2 2:29:04				
Pos	RNo.	Name	NAT	Finish
978	4661	Davā@, Subodh	GB	0:43:29
1074	4564	Powell, Matt	GB	0:44:11
4752	4379	Mcauley, Colin	GB	1:01:24

216 Lowestoft Road Runners 2 2:29:08				
Pos	RNo.	Name	NAT	Finish
1563	6367	Reynolds, Matthew	GB	0:46:41
1660	3019	Elflett, Mark	GB	0:47:09
3542	8235	Bradley, Harvey	GB	0:55:18

217 Crawley Saints & Sinners Running (2:29:14				
Pos	RNo.	Name	NAT	Finish
1846	3622	Thompson, Adrian	GB	0:48:08
2095	3917	Baker, Nick	GB	0:49:09
2732	7505	Tulley, Ken	GB	0:51:57

218 East London Runners 4 2:29:28				
Pos	RNo.	Name	NAT	Finish
1850	8788	Sangha, Jay	GB	0:48:09
2427	3899	Hoult, Nick	GB	0:50:39
2432	2413	Bolderstone, Andy	GB	0:50:40

219 Horley Harriers Running Club 2:29:35				
Pos	RNo.	Name	NAT	Finish
1061	2524	Rawling, John	GB	0:44:07
1261	2808	Howell, Martin	GB	0:45:11
4588	7803	Cox, Simon	GB	1:00:17

220 Bournville Harriers 2 2:29:40				
Pos	RNo.	Name	NAT	Finish
1305	4663	Stewart, Antony	GB	0:45:23
2544	5175	Foster, Martin	GB	0:51:09
3012	5156	Roberts, Barrie	GB	0:53:08

221 Dacorum & Tring AC 2 2:30:15				
Pos	RNo.	Name	NAT	Finish
1612	2350	Davies, Robert	GB	0:46:57
2213	3572	Evans, Simon	GB	0:49:36
3157	10181	Guilder, Andrew	GB	0:53:42

222 RunThrough 2:31:16				
Pos	RNo.	Name	NAT	Finish
2171	4738	Voo, Nicholas	GB	0:49:27
2336	4699	Wetheridge, Matt	GB	0:50:12
2673	5087	Hicks, Graham	GB	0:51:37

223 UKrunchat 2:31:31				
Pos	RNo.	Name	NAT	Finish
847	2806	Bodkin, Matthew	GB	0:42:38
1391	3511	Berrisford, Ryan	GB	0:45:48
4970	10683	Boulton, Norm	GB	1:03:05

224 Spa Striders 2:31:52				
Pos	RNo.	Name	NAT	Finish
1271	1477	Warren, Sean	GB	0:45:13
3048	1978	Chantrey, David	GB	0:53:16
3073	2343	Warren, James	GB	0:53:23

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225 Hailsham Harriers					2:31:58
Pos	RNo.	Name	NAT	Finish	
262	1233	Judges, Gary	GB	0:36:08	
2975	9397	Hide, Alan	GB	0:53:00	
4932	12706	Linford-Jones, Dan	GB	1:02:50	

226 Sittingbourne Striders 2					2:32:02
Pos	RNo.	Name	NAT	Finish	
1740	4042	Patching, Andrew	GB	0:47:33	
2373	6402	Billing, Darren	GB	0:50:23	
3256	3749	Nunes, Joao	GB	0:54:06	

227 Road Runners Club					2:32:16
Pos	RNo.	Name	NAT	Finish	
1940	5119	Hickey, David	GB	0:48:32	
2592	6673	Allchin, Martin	GB	0:51:21	
2829	4027	Ford, Chris.	GB	0:52:23	

228 Cove Joggers 2					2:32:31
Pos	RNo.	Name	NAT	Finish	
1913	2322	Ball, James	GB	0:48:24	
2629	6089	Clark, Phil	GB	0:51:28	
2891	2275	Gower, Kelvin	GB	0:52:39	

229 Horsham Joggers					2:32:36
Pos	RNo.	Name	NAT	Finish	
1289	2106	Langley, Paul	GB	0:45:19	
1666	2347	Boniface, James	GB	0:47:11	
4559	13458	Robins, Andy	GB	1:00:06	

230 Vegan Runners UK					2:32:43
Pos	RNo.	Name	NAT	Finish	
1000	1664	Crangle, Robert	GB	0:43:40	
2539	6283	Alleyne, Anthony	GB	0:51:08	
4137	3947	Foster, Michael	GB	0:57:55	

231 Norwich Road Runners					2:32:47
Pos	RNo.	Name	NAT	Finish	
302	1391	Wright, Simon	GB	0:36:35	
1132	2202	Brighty, Keith	GB	0:44:31	
5807	12580	Robbins, Paul	GB	1:11:41	

232 Serpentine RC 14					2:32:50
Pos	RNo.	Name	NAT	Finish	
2075	3303	Wilkinson, Kevan	GB	0:49:04	
2509	8920	Lord, Richard	GB	0:51:00	
2920	1927	Pickles, Brian	GB	0:52:46	

233 Orion Harriers					2:32:56
Pos	RNo.	Name	NAT	Finish	
1418	1688	Freeland, Tim	GB	0:45:55	
2528	1573	Mamo, Nemera	GB	0:51:06	
3694	10447	Neighbour, John	GB	0:55:55	

234 Tuff Fitty Triathlon Club					2:33:35
Pos	RNo.	Name	NAT	Finish	
1089	2394	Harvey, Stuart	GB	0:44:16	
3162	3241	Harvey, Clive	GB	0:53:43	
3617	5778	Harvey, Trevor	GB	0:55:36	

235 Knowle & Dorridge AC 2					2:33:39
Pos	RNo.	Name	NAT	Finish	
1620	5005	Mcdonald, Michael	GB	0:47:01	
2682	8975	Wickett, Gary	GB	0:51:41	
3461	9055	Cooper, Ian	GB	0:54:57	

236 Petts Wood Runners 2					2:33:44
Pos	RNo.	Name	NAT	Finish	
1449	2665	Kelly, Paul	GB	0:46:05	
3138	13432	Tung, Ka Sing	GB	0:53:38	
3236	6247	Hopkins, Derek	GB	0:54:01	

237 Ealing Eagles Running Club 4					2:34:08
Pos	RNo.	Name	NAT	Finish	
2286	3438	Moran, Bernie	GB	0:49:56	
2699	3319	Davies, Nick	GB	0:51:46	
2843	3765	Fenton, Christopher	GB	0:52:26	

238 Maidstone Harriers 3					2:34:17
Pos	RNo.	Name	NAT	Finish	
2096	2477	Peake, Craig	GB	0:49:10	
2560	6037	Groves, Nigel	GB	0:51:12	
3211	8054	Paszkowski, Mel	GB	0:53:55	

239 Redway Runners					2:34:27
Pos	RNo.	Name	NAT	Finish	
1667	3815	Costin, Nick	GB	0:47:11	
1804	6125	Macloskey, Paul	GB	0:47:55	
4423	3103	Dowling, Philip	GB	0:59:21	

240 Benfleet RC 4					2:34:58
Pos	RNo.	Name	NAT	Finish	
2307	2505	Cowan, Mark	GB	0:50:03	
2637	1387	Hodges, Jack	GB	0:51:30	
3078	6287	Allen, Terry	GB	0:53:25	

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241 Queen's Park Harriers 2:35:59				
Pos	RNo.	Name	NAT	Finish
719	1614	Scullion, Paul	GB	0:41:31
872	2229	Smart, Rey	GB	0:42:48
5805	10421	O'Connor, William	GB	1:11:40

242 Waverley Harriers 2:38:02				
Pos	RNo.	Name	NAT	Finish
1481	3242	Burton, Daniel	GB	0:46:17
3386	17478	Pritchard, Jean-Philip	GB	0:54:38
3958	4089	Pitt, Robert	GB	0:57:07

243 Wimbledon Windmilers 3 2:39:06				
Pos	RNo.	Name	NAT	Finish
2295	5055	Lloyd, Jasper	GB	0:49:58
2569	2372	Chessell, Bruce	GB	0:51:15
4124	3705	Leonard, Charles	GB	0:57:53

244 Bedford Harriers AC 2:40:27				
Pos	RNo.	Name	NAT	Finish
2189	8745	Alcock, Douglas	GB	0:49:31
3293	8603	Worthy, Duncan	GB	0:54:18
3857	7320	Sehdev, Rolo	GB	0:56:38

245 BRJ Run and Tri 2:40:28				
Pos	RNo.	Name	NAT	Finish
956	2082	Evans, Harrison	GB	0:43:21
3248	3444	Monk, Warren	GB	0:54:05
4962	10403	Richardson, Anthony	GB	1:03:02

246 Ipswich Jaffa RC 6 2:40:53				
Pos	RNo.	Name	NAT	Finish
3011	5601	Gardiner, Clive	GB	0:53:08
3161	3822	Lee, Mon	GB	0:53:43
3240	9064	Wilding, Steve	GB	0:54:02

247 Pitsea RC 2:41:22				
Pos	RNo.	Name	NAT	Finish
2519	6950	Omer, Paul	GB	0:51:03
2735	4091	Pointer, Nigel	GB	0:51:58
4215	8248	Forward, Gary	GB	0:58:21

248 Orpington Road Runners 2:41:31				
Pos	RNo.	Name	NAT	Finish
2635	7594	Cook, Andy	GB	0:51:30
2754	9271	Abadiano, Norman	GB	0:52:04
4144	7319	Brown, Philip	GB	0:57:57

249 Serpentine RC 15 2:42:16				
Pos	RNo.	Name	NAT	Finish
3173	6942	Kottas, Chris	GB	0:53:47
3191	8372	Krivonozka, Steve	GB	0:53:51
3383	3076	Uhlir, Dennis	GB	0:54:38

250 Striders Of Croydon 3 2:42:56				
Pos	RNo.	Name	NAT	Finish
1999	3343	Johnson, Ian	GB	0:48:48
3783	13437	Buxton, Terence	GB	0:56:16
4119	5998	Keiler, Anthony	GB	0:57:52

251 Redford Striders 2:43:10				
Pos	RNo.	Name	NAT	Finish
2941	4674	Heeley, Stuart	GB	0:52:53
3322	4595	Ellwood, Chris	GB	0:54:24
3683	4666	Garrett, Nick	GB	0:55:53

252 Havering '90 Joggers 2 2:45:09				
Pos	RNo.	Name	NAT	Finish
3136	6719	Govindasamy, Anbarasu	GB	0:53:38
3548	13014	Peek, Martin	GB	0:55:20
3767	2515	Wicks, Alan	GB	0:56:11

253 Ealing Eagles Running Club 5 2:46:11				
Pos	RNo.	Name	NAT	Finish
3034	6658	Dhanda, Baljit	GB	0:53:13
3273	5167	Horvath, Robert	GB	0:54:11
4311	11804	Taylor, Michael	GB	0:58:47

254 RunThrough 2 2:46:35				
Pos	RNo.	Name	NAT	Finish
2957	9081	Nicholls, Timothy	GB	0:52:57
3392	5830	Shanks, Christopher	GB	0:54:40
4342	9307	Eaton, Dave	GB	0:58:58

255 Stowmarket Striders RC 2:48:40				
Pos	RNo.	Name	NAT	Finish
1659	2120	Neville, Andre	GB	0:47:09
3699	3726	Winter, Paul	GB	0:55:56
5277	10384	Smith, Craig	GB	1:05:35

256 Sandhurst Joggers 3 2:48:41				
Pos	RNo.	Name	NAT	Finish
2927	3294	Evans, Nigel	GB	0:52:48
3770	3202	Casey, James	GB	0:56:12
4483	13978	Lucas, William	GB	0:59:41

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257 Farnham Common Joggers & Whee 2:48:52					265 Rebel Runners Medway 2:55:06				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
3455	7295	Webber, Brian	GB	0:54:56	2897	3036	Ahluwalia, Amit	GB	0:52:41
3547	7550	Naish, Paul	GB	0:55:20	3788	11843	Quin, Darren	GB	0:56:17
4262	11160	Flower, Richard	GB	0:58:36	5344	11424	Miles, Michael	GB	1:06:08
257 London Fronrunners 3 2:48:52					266 St Albans Striders 2 2:55:46				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
3053	7558	Sopelana, Carlos	GB	0:53:17	1498	5143	Rabinowitz, Jason	GB	0:46:22
4056	7514	Olivier, Bertrand	GB	0:57:35	3810	1743	Jackson, David	GB	0:56:23
4154	14628	Gill, Alan	GB	0:58:00	5881	11412	Skyrme, Dave	GB	1:13:01
259 Petts Wood Runners 3 2:49:18					267 Leighton Fun Runners 2:56:12				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
3507	4813	Stevens, Matthew	GB	0:55:07	3021	13164	Charley, Jason	GB	0:53:10
3685	6947	Brown, Martyn	GB	0:55:53	4083	12256	Roy, Rob	GB	0:57:43
4205	6519	Jones, Matt	GB	0:58:18	5241	13203	Pedder, Jeremy	GB	1:05:19
260 London City Athletics Club 2 2:51:39					268 Askern & District RC 2:57:11				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
2259	3206	Stares, Paul	GB	0:49:50	835	1565	Haynes, Keith	GB	0:42:33
2972	5769	Ta, Jason	GB	0:53:00	5419	11075	Kessack, Rod	GB	1:06:52
5600	16166	Cheung, David	GB	1:08:49	5509	13254	Jones, Bernard	GB	1:07:46
261 Maidstone Harriers 4 2:51:59					269 Datchet Dashers 2 2:58:30				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
3844	7199	Morrow, Liam	GB	0:56:34	2950	6563	Mcshane, David	GB	0:52:55
3914	7562	Constable, John	GB	0:56:54	4049	14110	Axcell, Michael	GB	0:57:32
4246	10147	Crampton, Matthew	GB	0:58:31	5537	12800	Ogierman, Andrew	GB	1:08:03
262 Reading Road Runners 4 2:52:10					270 East London Runners 5 2:59:14				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
3000	7995	Carpenter, Neil	GB	0:53:06	2885	8600	Aylett, Tim	GB	0:52:38
4447	7770	Hunt, Simon	GB	0:59:32	4939	7150	Desena, Shaun	GB	1:02:52
4451	8790	Pearson, Darren	GB	0:59:32	5058	2585	Miah, Shakil	GB	1:03:44
263 Dorking & Mole Valley AC 2:53:58					271 Ipswich Jaffa RC 7 2:59:30				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
1863	8737	Woodcock, D	GB	0:48:12	4271	6012	Jarrold, Nick	GB	0:58:38
2937	6791	Lloyd, Gary	GB	0:52:51	4427	6690	Scott, James	GB	0:59:24
5870	8090	Feltham, Robert	GB	1:12:55	4761	3476	Blackburn, Mark	GB	1:01:28
264 Road Runners Club 2 2:54:04					272 Fulham Running Club 2 3:00:13				
Pos	RNo.	Name	NAT	Finish	Pos	RNo.	Name	NAT	Finish
3680	2064	Phillips, Michael	GB	0:55:52	1739	4376	Berg, Kevin	GB	0:47:33
4242	3666	Nelson, Ian	GB	0:58:30	2548	8978	Joaquim, Francisco	GB	0:51:10
4484	6395	Barclay-Devine, Alan	GB	0:59:42	6178	15621	Brass, Anthony	GB	1:21:30

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273 Heanor RC 4 3:03:38

Pos	RNo.	Name	NAT	Finish
2054	5014	Bell, Paul	GB	0:48:59
4688	6566	Rainsford, Rob	GB	1:00:59
5918	2630	Henton, David	GB	1:13:40

274 Serpentine RC 16 3:06:36

Pos	RNo.	Name	NAT	Finish
3830	6922	Galani, John	GB	0:56:27
4886	3021	Gomezze, Jason	GB	1:02:28
5496	10742	Hall, Gary	GB	1:07:41

275 Lowestoft Road Runners 3 3:08:50

Pos	RNo.	Name	NAT	Finish
4645	2274	Hodds, Ben	GB	1:00:41
4832	12303	Drinkwater, John	GB	1:02:04
5340	3026	Collier, Tom	GB	1:06:05

276 Petts Wood Runners 4 3:12:23

Pos	RNo.	Name	NAT	Finish
4373	10301	Mccallum, David	GB	0:59:06
4933	8143	Wilcox, Tim	GB	1:02:51
5721	11025	Refsum, Erling	GB	1:10:26

277 Virgin Active 3:14:47

Pos	RNo.	Name	NAT	Finish
4726	13240	Ranganath, Anoj	GB	1:01:15
5339	18317	Edree, Moshe	GB	1:06:01
5481	13239	Macauliffe, Daniel	GB	1:07:31

278 Horsham Joggers 2 3:34:27

Pos	RNo.	Name	NAT	Finish
4565	14627	Rhodes, Simon	GB	1:00:07
4744	2114	Cornell, Richard	GB	1:01:22
6314	3217	Whiting, Lin	GB	1:32:58